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thenewhammag

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Don't mess with Newham

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Newham London

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News

Government heeds high stake bets warning

Mayor Sir Robin Wales has welcomed an announcement that the Government have heeded Newham Council's warning and are taking a "close look" at controversial fixed odds betting terminals (FOBTs).

Gambling Minister Tracey Crouch said there will be a review of the high stake gaming machines that will assess concerns about the harm they can cause either to players or the communities in which they are located.

Sir Robin said: "The Government is finally listening to Newham residents and local people across the country by committing to look at the harm done to communities by these gaming machines.

"We welcome the statement that gambling legislation must ensure consumers and communities are protected. That is the reason why Newham is leading the campaign, backed by 92 local authorities from across the country and political spectrum, to reduce the amount that can be bet on FOBTs. These machines are dubbed the crack-cocaine of gambling for a reason. They allow up to £100 to be bet every 20 seconds. We want that reduced to £2."

The Mayor welcomed the review as a first step in reining in the bookmakers who have 'clustered' their betting shops on high streets in deprived areas to maximise their profits from these machines.

He added: "These fast-paced, electronic machines have sucked the life-blood out of local economies. Reducing the stake will force bookies to think again about the number of betting shops they open on the high street. I urge the Government to take prompt and decisive action and heed the calls of the local authorities supporting Newham's campaign, who together represent 23 million people.

"We look forward to providing robust evidence to the Government about the detrimental impact of high stake gaming machines in Newham and communities across the country. We want this issue resolved once and for all."

In November 2014 Newham Council made a submission under the Sustainable Communities Act calling on the Government to reduce the stakes on FOBTs from £100 to £2, to bring them in line with gaming machines in other high street outlets.

Newham has 84 bookmakers operating in the borough. There is double the number of betting shops in the 55 most deprived boroughs in England than the 115 most affluent boroughs.

Bookmakers have 'clustered' their betting shops on high streets

92 councils back Newham bid to cut £100 stake to £2

News

Tribute to fallen police officer

Flowers were laid during a short service in Stratford to mark the 19th anniversary of the death of police constable Nina Mackay who was killed in the line of duty.

Pc Mackay, 25, was stabbed on 24 October 1997 as she and colleagues from the Territorial Support Group entered a flat in Arthingworth Street to arrest a suspect. She later died from her injuries.

Mayor Sir Robin Wales laid flowers at the memorial erected at the block where she was stabbed. He was joined by Councillor Forhad Hussain, Cabinet member for crime and anti-social behaviour, West Ham MP Lyn Brown, and Superintendent Ian Larnder from Newham Police.

A road nearby has been named Nina Mackay Close in her memory. The Mayor said: "Police officers risk their lives every day to protect us. We salute their bravery and remember the courage that Pc Mackay showed 19 years in the service of others."

Flowers are laid at the memorial

Cyclists on their way

Hammers fans on their bikes

Newham councillors and East Ham MP Stephen Timms joined almost 50 cyclists in riding from Upton Park to Queen Elizabeth Olympic Park to promote healthy living and to encourage people to use the Greenway route to get to West Ham United matches at the London Stadium.

The ride, which started from the Champions sculpture in Barking Road was organised by the Bike from Boleyn campaign group working with Newham Cyclists.

Ride organiser, Boleyn Ward councillor Veronica Oakeshott, said: "Residents in Upton Park have been used to stepping out of their front doors to go to a Hammers match. Now it's not so easy, but there are ways we can keep the link alive."

Resident Luke Donaghey, who rode with his two-year-old daughter in a trailer, said: "I hope it encourages more people to think about cycling regularly." The campaign plans to hold another ride next April.

Tribute to police officer who died 19 years ago

...in brief

Mayor opens eco-friendly garden

Sir Robin cuts the ribbon

Mayor Sir Robin Wales cut the ribbon to open a new eco-park play area designed for toddlers and school-age children to create a link with the natural environment and encourage wildlife.

The Biodiverse Playground, based in Westfield Stratford City, offers youngsters the chance to slide, climb and balance on various toy installations while parents watch from seating areas. Animal-themed activities are also available, including dancing balance-beam dragonflies and bouncing springy frogs.

Sir Robin said: "This park not only provides residents with a fantastic sensory experience, but it will be important in boosting our local environmental ecosystems."

Alyson Hodkinson, general manager at Westfield Stratford City, said: "With a focus on family and community experience, we look forward to seeing the park in action, offering exciting and enjoyable facilities for our youngest visitors as well as providing a new hub for the community."

Quality childcare on offer

A new childcare company jointly owned by Newham Council is to offer residents quality early years education provision, including free childcare for those eligible.

Early Start Education Limited will initially operate from two locations in Manor Park and Forest Gate. The company, developed by the council's small business programme, is jointly owned with an employee trust.

Open days will held at 2-24 Shrewsbury Road, Forest Gate, on 19 November, 10am-1pm and Susan Lawrence Nursery in Lawrence Avenue, Manor Park, on 3 December, 10am-1pm. For details email **earlystartnurseries@newham.gov.uk** or call **020 3373 6050**.

Have say on housing service

Newham Council is asking tenants and leaseholders what they think about housing services, their property, their landlord and their neighbourhood.

Face-to-face surveys are being carried out on doorsteps by interviewers from independent research agency BMG. Residents are being invited to take part on a random basis and information gathered will be used to improve council services.

The surveys will be carried out until 11 December. All callers will have appropriate identification.

Volunteers wanted for Greenway Community Orchard

The Greenway cycleway and footpath is already a fantastic asset running across the borough from Stratford to Royal Docks. Recent work has seen a pilot project to add lighting and CCTV.

Now Plaistow Community Neighbourhood are coordinating the Greenway Community Orchard project to create a community orchard and garden in the section between Prince Regent Lane and Brampton School.

To get involved email Syed Haque at **syed.haque@newham.gov.uk** or call on **020 3373 1540**.

Stadium zone parking restrictions

Event Day parking restrictions are in place in and around the London Stadium in Stratford when West Ham United play there.

On those days controlled parking hours in Stratford Central, Stratford North West, Stratford South West, Stratford South East and West Ham residential parking zones are extended and will apply from 8am to 9pm. Only permit holders can park in them. Next event days are 3 December (Arsenal), 13 December (Burnley) and 17 December (Hull City).

Play area encourages links with nature

Mayor's view

Don't Mess with Us

I hate fly-tipping!! I really hate fly-tipping. As I travel around the borough, nothing makes me angrier than the site of rubbish bags, old sofas, building waste and garbage dumped on the side of our roads and green spaces. What makes me angrier still, is that it's all so unnecessary.

Unlike many councils, we have not cut bin collections, and we've extended street cleaning to a seven-day-a week operation. Our £20 bulky goods collection service is a bargain so there's no excuse for anyone to dump unwanted rubbish where we all have to live with it.

> "If you're a fly-tipper you'd best watch your back before trashing our community neighbourhoods."

As part of my New Deal with residents I promised to make keeping the borough clean and safe a priority – because it was your priority. I keep my promises. Since April 7,000 fly-tips have been reported and dealt with.

But I'm not just cleaning up the mess – I'm intent on cleaning up the idiots, criminals and dirt-bags who think it's okay to dump their filth on our streets. That's why I'm spending an extra million pounds on dealing with it, including a new Fly-Tip Task Force to track down, fine, and drag the perpetrators before the courts, where they can face fines of up to £50,000.

The task force brings high-tech enforcement to our streets, using eight hidden camera vehicles, more than 50 other covert camera devices, two CCTV vans and a minimum of five service cars to respond to fly-tips.

And it's you in the driving seat, pointing our teams to the fly-tips, and giving us crucial eye witness accounts of who's responsible, via the My Newham portal or the Love Newham App.

Lower level offenders are slapped with a £400 fixed penalty notice – 116 have been issued since May. More serious cases are prosecuted through the courts and since April there we've achieved 100 per cent conviction rate for the most serious fly-tip cases we have taken to court. So far 17 vehicles used in fly-tipping have been seized by the council.

So my message is clear. If you're a fly-tipper you'd best watch your back before trashing our community neighbourhoods. Our dedicated officers are out there just waiting for you. I'm serious. Don't mess with Newham.

Fly-tippers will be caught

Loutish behaviour cannot go on

The actions of the mindless few who spoiled the recent West Ham United versus Chelsea match at the London Stadium was totally unacceptable.

Police have made several arrests so far, and all of those people live outside Newham. West Ham United and the operators of the London Stadium have identified 200 more who will receive stadium bans for being involved in incidents of disorder during the game.

I am satisfied that the safety and security operation implemented on Wednesday evening was robust enough, but unfortunately there were those intent on causing trouble. The response however by police and stewards was fast and effective and dealt with the matter quickly.

But situations like this cannot be allowed to continue and I have called on all the stadium partners to ensure that not just the stadium, but Queen Elizabeth Olympic Park, and the wider local neighbourhood, are safe places on match days not just for supporters, but more importantly, for our residents going about their business.

London Stadium

Cllrs Paul and Desai receive the petition

Legacy we do not want

Councillors Terry Paul and Unmesh Desai, our member on the London Assembly, recently received a petition from 11,000 people opposing plans for a concrete factory close to Queen Elizabeth Olympic Park. It shows how strongly the community feels about this site and I fully support their opposition.

As part of the legacy of the 2012 Games, the London Legacy Development Corporation made a commitment to improve health outcomes and life opportunities for those who live and work locally. But the proposal to build a concrete factory is in direct conflict with this.

Granting planning permission would have a detrimental impact on residents in terms of noise and dust from the trucks driving past, day and night. If the application goes ahead I am in no doubt that thousands will suffer from increased air pollution.

While I recognise the site was historically designated for industrial use, I urge the LLDC to take a sensible approach about giving the go-ahead to a development so close to people's homes. Residents deserve far better than this. It's not an Olympic legacy to be proud of.

Captain Busby MC – part of lost generation claimed by Great War

Mayor Sir Robin Wales will join West Ham United officials this week in laying tributes at the London Stadium to remember the sacrifice of those who died in two World Wars and conflicts since. That includes people like Captain William Walter Busby MC, part of the battalion formed in 1914 known as The Hammers or the West Ham Pals.

This year Remembrance Sunday on 13 November is the 100th anniversary of the death of Capt Busby in 1916 in what was described as one of the bloodiest battles of the Somme.

A statement by fellow soldier, Private J. Clark, recounted the officer's last moments. It said: "I was close to Capt Busby. He was actually next to me on my right hand side when he was hit in the head by a fragment of a whiz bang and killed practically at once. I heard him say: 'Goodbye you lads. I hope you will get through alright'. I went to him at once, but he was dead. By this time we were right up to the German's wire."

Capt Busby, born on 12 August 1891, was part of the 13th (Service) Battalion, The Essex Regiment, known as The Hammers or West Ham Pals. He was raised in Sherrard Road, Forest Gate, not far from the Boleyn Ground. He was one of the first to sign up to the battalion, raised on 27 December 1914 by the Mayor of West Ham.

He was typical of the men of his generation in answering the call to arms and had just gained an honours degree in chemistry from London University.

Capt Busby was awarded the Military Cross for "conspicuous gallantry, leading his men with great dash and assisting to find and bring in the wounded" after The Hammers' first raid on a trench on the German lines on 1 July 1916.

"I heard him say 'Goodbye you lads, I hope you will get through alright."

Although he didn't live to receive his medal, his parents Charles and Minnie received the honour in September 1917 at their home in Forest Gate. That and his other medals were looked after by his sister Violet, who refused to be parted from them during her lifetime. After her death they were bought at auction by an amateur military historian.

Before joining The Hammers, Capt Busby was instrumental in setting up the 2nd West Ham Group Boy Scouts in 1909. It was so successful that by 1913-14 it had an average membership of 58.

Such were his links with the group that they not only changed the colour of their neckerchief to khaki in his memory, but renamed themselves Busby Troop soon after the end of the First World War.

His medals were recently presented to the Busby troop, now 2nd Newham Scouts, during the unveiling of a memorial plaque to the 13th Battalion. They also laid a poppy wreath. West Ham United also have a plaque dedicated to the memory of the sacrifices made by the West Ham Pals.

Remembrance across the Atlantic

Evonne Arnold, Capt Busby's great niece, who lives in Massachusetts, USA, said: "It means so much to know that he and others are still remembered and honoured. My husband Thomas and our three daughters especially remember William on Remembrance Day, as Thomas has many relatives in the US who are and were veterans. This year I will be holding a Service of Remembrance in the chapel of our church. It is especially poignant this year as it is William's centenary.

"It means so much to know that he and others are still remembered and honoured."

"I am immensely proud of what I know of his life, both before the First World War and of his service. I've told all my daughters about the West Ham Pals, and of William's service and sacrifice. Our oldest, who is 14, was stunned when she realised he fell at the age of 25, and some of the other men who served with him were even younger."

For information on remembrance services visit **www.newham.gov.uk/remembrance**

Henry Elmer

Henry's pride at a medal that says "thank you"

On Remembrance Sunday when Mayor Sir Robin Wales lays a wreath at the Cenotaph in East Ham on behalf of residents to remember those lost in conflict, Henry Elmer will be there recalling 6 June 1944 when more than 150,000 allied troops landed on the Normandy beaches as part of Operation Overlord. Among them was the 20-year-old Henry.

He was so focused on surviving that day, that he barely had time to register the fact that the following day was his 21st birthday.

As the driver of an amphibious vehicle, he was delivering a 6lbs anti-tank gun to held defend the foothold gained by the Allies as they began the liberation of Europe.

> "I have all my other war medals but this one is the most special because it is dedicated to me personally."

Although birthdays are meant to be memorable occasions, usually associated with presents, food, drink and of course, family and friends, Henry's 21st birthday has huge prominence more because of where he was when he reached the key milestone.

Now, 72 years on, at the age of 93, he has been presented with the Legion of Honour by the French Embassy for his part in the liberation of France during World War 2.
Founded by Napoleon Bonaparte in 1802, it is the highest of the French national honours.

Henry, who lives in Manor Park, said: "I have all my other war medals but this one is the most special because it is dedicated to me personally. I see it as a "thank you" from the French people – that's why it means so much."

On D-Day, the Allied forces launched a combined naval, air and land assault on Nazi-occupied France. The landings on the Normandy beaches marked the start of a long and costly campaign to liberate north-west Europe from German occupation.

Henry's part involved driving an amphibious supply vehicle carrying tank supplies including a 6lbs anti-tank gun as he landed on Gold Beach. He said: "The tanks were already out there ahead of us, helping the assault troops to hold the open areas.

"We had the anti-tank gun to get to the forward troops and pick up the walking wounded and get them back to the ship. There was a lot going on and the first thing I noticed were the dead bodies; there were hundreds of them. They were the people who had risked their lives cutting through the rows of mines that had been laid to stop the amphibious assault. It was a suicide trip for them."

Henry wasn't sure he would live to see his 21st birthday. He said: "I really did not have any expectation of coming out of it."

Although his mother sent him a card for his 21st birthday Henry did not receive it until much later. He has kept safe the traditional key, which bears an inscription from his parents and siblings, and shows it off with pride.

Residents are invited to join Newham's services of remembrance.

Armistice Day – Friday 11 November
Service at 10.45am at the Cenotaph, Central Park, East Ham, E6.

Remembrance Sunday – 13 November
Services at Central Park, East Ham, E6; All Saints West Ham Parish Church, Church Street, E15; St Mark's Memorial, Factory Road, North Woolwich, E16; St Luke's Church, Tarling Road, Canning Town, E16.

Visit **www.newham.gov.uk/remembrance** for more details.

Newham London

Rented property licensing proposals - **have your say**

Whether you are a private tenant or landlord, a local resident or business, Newham Council wants your views on proposals to bring in a new licensing scheme for landlords of privately rented properties after the current scheme expires.

The proposals aim to tackle anti-social behaviour and poor management of properties owned by landlords who do not operate in a professional way and fail to comply with the law.

It also aims to improve living standards for our residents.

For full proposal details and to respond to our questionnaire, please visit www.newham.gov.uk/licensingconsultation
The consultation closes on Monday 23 January 2017. All responses must be received by this date.

Newham London

Standing up to violence against women

Newham Town Hall, 328 Barking Rd, E6 2RP
Friday 25 November, 9.30am-1pm

Come along to a free event to show your support for the UN's International Day for the Elimination of Violence Against Women.

Activities will include:
- inspirational speakers
- music and performances
- keep fit and dance classes
- information and advice stalls

Refreshments will be provided.

To book your place or for more information, email **CHsocialcare@newham.gov.uk** or call **020 3373 0332/07814 615 350**

Protect yourself with free flu vaccine

Flu can knock even the healthiest people off their feet for a couple of weeks, but for some it can be really serious. That's why local GPs are encouraging people at risk of complications from flu this winter to take up the offer of a free vaccination and to help protect themselves and their families.

Flu is a highly contagious viral infection that anyone can catch – causing complications such as bronchitis, pneumonia, and in some cases even death. The flu vaccine is one of the most effective ways to protect against it.

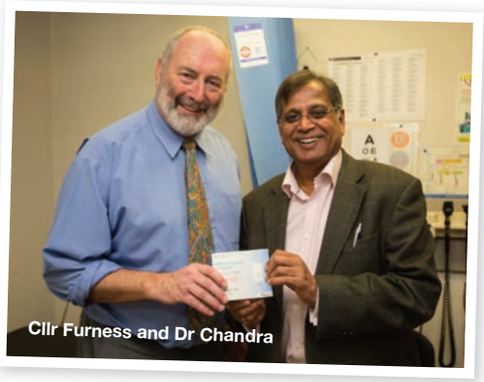
> "It only takes a few seconds and could be the difference between staying healthy this winter or becoming seriously ill."

The vaccine is available from all GP surgeries in Newham and many pharmacies, and it is completely free for people most at risk of developing complications. This includes people aged 65 and over, pregnant women, carers, children aged two to four years, and people with health conditions such as severe asthma, chest or heart complaints, and diabetes.

Children aged two, three or four are being offered a nasal spray vaccine instead of the traditional jab. This will be available through primary schools to children in Years 1 to 3, while parents of younger children can get it from their GP.

Councillor Clive Furness, mayoral adviser for adults and health, said: "The flu jab can help keep you healthy and also ease the pressure on our health services during the winter.

"I have renewed my flu jab this year. It only takes a few seconds and could be the difference between staying healthy this winter or becoming seriously ill."



Cllr Furness and Dr Chandra

Dr Prakash Chandra, local GP and Chair of Newham Clinical Commissioning Group, said: "It's important to remember that the flu virus is constantly changing, so even if you've been vaccinated in the past, you still need to get it this year as well."

Speak to your GP about the flu jab or for more information visit **www.nhs.uk/flu**

Reclaiming a life destroyed by alcohol

Alcohol Awareness week runs from 14 – 20 November. The aim is to get people thinking about the impact alcohol has on individuals, families, communities and society as a whole. Stratford resident, John Foster, is one of the many people whose lives have become devastated by alcohol. This is his account of his recovery.

"My addiction started in my mid-twenties after I lost both my parents. At the time I was working as a senior manager for a major supermarket chain and my main substance was alcohol. However, regular heavy drinking eventually led me to other substances like cocaine.

> "I went along to a session and after about seven months I completed the three stages of the Foundations of Recovery."

"For about five years I was hiding my addiction, trying to balance my dependence on alcohol with the need to hold down a full-time job. In the early stages I was a functional alcoholic, but this quickly moved into dependency. I was drinking by myself and distancing myself from my friends. I lied to the people that I cared about – friends, family and colleagues – and I was constantly trying to mask the smell of alcohol with mints and aftershave.

"I eventually lost my job, home, family and friends. I was homeless for several months, sleeping outside a church in Plaistow.

"I realised that if I didn't do something fast I would end up in prison or, even worse, dead. I had tried many times in the past to give up drink and drugs but failed. For me, the turning point came when my outreach worker told me about the 'Change, Grow, Live' (CGL) service. I went along to a session and after about seven months I completed the three stages of the Foundations of Recovery. I also went to a meeting of Cocaine Anonymous every week and, to this day, my recovery remains my number one focus.

"To stop myself falling back into addiction I realised I needed to keep busy and exercise was one of the best ways for me to do this: I started going to the gym three days a week, as well as playing football. I was chatting to other people in the gym to get tips about staying in shape, but most important for me was having someone to talk to. When I was homeless my coach would call me just to check in and see if I was OK, and I missed chatting with people because I'd lost touch with friends and family.

> "The group is peer led and full of fun activities – a great distraction from the addictive thoughts and desires that are always there for me."

"The weekends were particularly hard, so I got involved with a group called 'Build on Belief' – a social group in Beckton Road, Canning Town, for people with current or previous substance misuse issues (Fridays 6-8pm, Saturdays and Sundays 12noon-4pm). The group is peer led and full of fun activities – a great distraction from the addictive thoughts and desires that are always there for me.

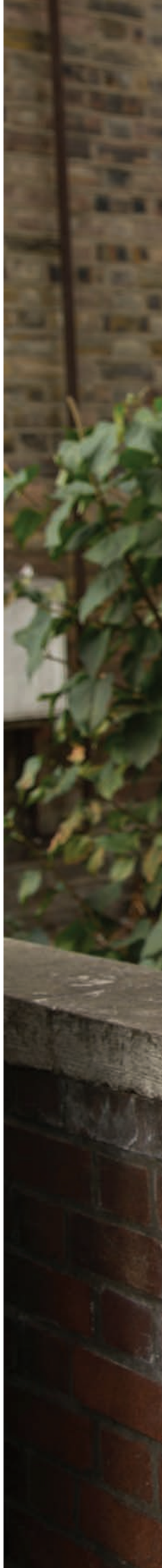
> "If I can recover, anybody can."

"Through recovery I have started to re-establish contact with friends and totally changed my career goals: I'm working towards a Level 3 Health and Social Care NVQ, and my long-term goal is to be a substance misuse recovery worker. My message to anyone else who has problems with substance misuse is: "If I can recover, anybody can."

Anyone struggling with drink or drugs should get in touch with CGL straight away – email **newham.referrals@cgl.org.uk** or call **0800 652 3879**. It could be the most important step you take to take back control of your life."

Think you might be drinking too much? Take the online test

Visit **www.dontbottleitup.org.uk** to take the two minute alcohol test and get free, personalised advice about your drinking.



John Foster

A beautiful and funny new play about family, love and the American dream

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The new benefit cap and you

This autumn, the Government will be reducing the limit on the total amount of benefits most people aged 16 to 64 can get by introducing new benefit cap amounts.

If you are affected by the new cap figures from autumn 2016, the Department for Work and Pensions (DWP) should have written to tell you from what date the cap will apply to you and by how much.

The new benefit cap amounts:

If you live in a London borough or City of London:

> ***A maximum of £442.31 per week***
If you're a couple with or without your children living with you; or you're single and your children live with you.

> ***A maximum of £296.35 per week***
If you're a single person and either you have no children or your children don't live with you.

If you live elsewhere in the UK:

> ***A maximum of £384.62 per week***
If you're a couple with or without your children living with you; or you're single and your children live with you.

> ***A maximum of £257.69 per week***
If you're a single person and either you have no children or your children don't live with you.

If your household is affected, finding work and qualifying for Working Tax Credit may be the best option for you and your family.

Workplace

If you need help looking for a job, contact the council's recruitment service Workplace for the support and advice you need to help you make those first steps back into employment. Find out more by visiting **www.newhamworkplace.co.uk**

MoneyWorks

You can also get advice from MoneyWorks, a one stop shop offering support to Newham residents. For more information on how you can make your money go further visit **www.newhammoneyworks.co.uk**

For more information and to find out if your household may be affected visit **www.gov.uk/benefit-cap**

You can also call the DWP helpline **0345 605 7064** or Textphone **0345 608 8551** Monday to Friday, 8am to 6pm.

Newham London

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FOCUS ON THE POSITIVE

14th November 6:30pm, Trinity Centre East Ham. Free event. See UCL researchers and vote for your favourite project to be funded. Refreshments and crèche facilities. Please book a place and find out more: https://www.ucl.ac.uk/public-engagement/focusonthepositive

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What's on in Newham

Download the free app

Available from Apple App Store and Android Google Play Store

Or visit **www.newham.gov.uk/communityevents**

Newham London

John with his family
Picture: Alex Burnell

Distinguished contribution is recognised

Honorary Freedom of the Borough is the highest distinction Newham Council can bestow on an individual or organisation. It is offered sparingly, but when it is, it is awarded to remarkable people. Former Newham councillor John Lock is the latest to be conferred the honour for distinguished service to the borough.

Mayor Sir Robin Wales said: "If anyone deserves to have freedom of our borough for long and distinguished public service, then it is John. Thanks to him, Newham is a much better place than it was 30 years ago in all sorts of ways."

John is married to former Newham councillor Jan Tallis. They have two sons, Nathaniel and Cato. He said: "I am touched and grateful and very pleased to have made a contribution."

John has lived in Newham since 1979. He was elected by residents of the former Park Ward from 1986 to 1994. During that time he led a major redevelopment programme of the council's leisure services department, as well as overhauling libraries, including introducing Sunday opening.

As well as local government, John has more than 30 years experience in the fields of health, education, arts, urban regeneration, sport, technology, third sector, social enterprise, volunteering, and business development. He served as a school governor for more than 22 years.

After leaving the council he led the University of East London's engagement with the 2012 Games and legacy. He played a huge part in gaining funding for the first phase of UEL's iconic Docklands campus and then subsequent phases including the Knowledge Dock and Sports Dock. Latterly he led the transition of the council's managed leisure services department into the independent trust activeNewham.

In regeneration, John was a founder member of the Stratford Renaissance Partnership which has spearheaded the international promotion of Stratford as one of London's main investment destinations.

> "Thanks to him, Newham is a much better place than it was 30 years ago in all sorts of ways".

At Newham Primary Care Trust he worked to transition their services to deal with health challenges strategically rather than reactively. He defined the concept of community ownership of health.

Councillor Conor McAuley added: "It is right that we recognise John's contribution to making the borough a better and healthier place."

New Deal For Newham

The Mayor and Cllrs Forhad Hussain and Ken Clark with members of the Fly-Tip enforcers

Don't **Mess** with Newham

Fly-tipping has a negative effect on our quality of life. It isn't enough to just remove the fly-tipped mess once it's been reported to us; we must also take strong action against those responsible. The message from our new **Fly-Tip Task Force** is simple: Don't Mess with Newham!

As part of his New Deal for Newham, Mayor Sir Robin Wales promised to invest an additional £1 million in strengthening our enforcement team to crack down on fly-tipping hotspots. Using high visibility patrols and covert operations, the team is catching those who blight our streets and hauling them before the courts where they can face fines of up to £50,000.

> **"As part of our Keep Newham Clean campaign I promised that we would target those who illegally dump waste on our streets and blight our environment. "**

Sir Robin said: "Residents have identified cleanliness and safety as the two top priorities for the council. As part of our Keep Newham Clean campaign I promised that we would target those who illegally dump waste on our streets and blight our environment. I don't break a promise and while I am Mayor, our beefed up enforcement team will keep cracking down on fly-tipping hotspots."

The task force of 12 officers with more on the way, brings a high-tech response to our streets using eight covert camera vehicles, more than 50 other covert camera devices, two overt CCTV vans and a minimum of five service cars to respond to fly-tips.

They first prioritise the fly-tipping reports that are received from residents, councillors, community neighbourhoods, or online through the My Newham portal or the Love Newham App on your smart phone or tablet device. Since April more than 7,000 fly-tips have been reported.

Each reported case is allocated to a task force officer who investigates, gathers evidence and tracks down those responsible. Lower level offenders are slapped with a £400 fixed penalty notice – 116 have been issued since May. Non-payers are taken to court where they face a full prosecution for fly-tipping.

More serious cases are prosecuted where we have the evidence to do so. Since April there is a 100 per cent conviction rate for the 13 fly-tip cases we have taken to Thames Magistrates Court. So far 17 vehicles used in fly-tipping have been seized by the council.

Once a case is concluded, the officers address any specific issues at the fly-tip location, including changing the attitudes and behaviour of local residents to making some environmental design changes to prevent repeat offences.

> **"With everyone working together, we can make Newham the clean borough that we all want and deserve."**

Added the Mayor: "We also need residents to be part of the deal too and have pride in where they live and dispose of your waste responsibly. With everyone working together, we can make Newham the clean borough that we all want and deserve."

Preventing fly-tipping is everyone's responsibility. If you see someone littering or leaving other types of mess, don't just ignore it, report it!

Provide as much information as you can. If a vehicle is involved, tell us its make, model and registration number. You can report it at www.newham.gov.uk/asb

You can also report issues in less than 40 seconds through the free Love Newham app.

In addition to fixed penalty notices, fly-tippers are increasingly finding the courts willing to impose extra penalties on those found guilty of illegal dumping.

In April, Reece Gillard was told he must perform 200 hours of unpaid work, wear an electronic tag for four months and abide by a 8pm to 6am curfew, as a result of being caught dumping a large amount of wood, insulation and building material in Jade Close, Custom House. He was also ordered to pay £1,500 costs, a £50 victim surcharge and forfeited his van to the council.

To find out how to get rid of waste legally, visit **www.newham.gov.uk/recycling**

Meet the ambassadors, committed to a clean borough

Residents have told us that they want to live in a place that is clean and pleasant and Newham Council has been looking at ways of achieving that.

We know that one of the areas we need to improve is our recycling rate which is among the lowest in London.

One of the measures approved by councillors earlier this year to help improve recycling in the borough was the introduction of a Visiting Team, a group of ambassadors for the council to engage with our residents about our comprehensive waste services, including how to to recycle properly.

Armed with a pile of information leaflets and their clipboards, in their high-visibility vests, the team are a valuable tool in our mission to keep the borough clean. Since April this year they have been knocking on doors, identifying problems, listening to you, motivating you to recycle and answering your questions about our services.

The team have seen residents in Manor Park, Green Street, East Ham, Plaistow and, most recently, West Ham, making more than 60,000 visits in the six months since April. Stratford is next on their list and the team will soon turn their attention to blocks of flats and schools and community groups in the borough.

Supervisor of the team is Nafisa Vali who was part of the council's CCTV team and has experience of monitoring the issues around fly-tipping.

Nafisa said: "Our aim is to speak to residents and give them information about bulky waste collections and the

Left to Right: Nafisa Vali with Freya Landy-Till, Ruma Jana and Milton Brydson, part of the Visiting Team

dos and don'ts of recycling. We're also motivating residents to keep Newham clean.

"We tell them about the recycling facilities at Jenkins Lane in Beckton and the charges for bulky waste collection. A lot of our residents are unaware of the £20 charge and the fact that it covers up to six large items."

Most of the team say residents tell them they are happy with the services provided by the council.

Nafisa said: "A major concern is fly-tipping. There is a lot of fly-tipping across the borough and we urge residents to download the Love Newham app, take a photo and send it in so we can get it removed."

She said residents can play their part too – by being vigilant, reporting fly-tipping, providing a description of those who fly-tip or the registration of a vehicle dumping rubbish.

"There is a lot of fly-tipping across the borough and we urge residents to download the Love Newham app, take a photo and send it in so we can get it removed."

Nafisa said: "We also know that some people are still putting their recyclable rubbish in their normal bins and don't know about the full range of recycling services the council offers. So they are pleased when we tell them we can also collect garden waste, bulky waste, hazardous waste and clinical waste separately.

"On the other hand there are people who are passionate about recycling but they don't know that we can't recycle plastic packaging or that glass should go in their normal bins.

"We can see the results of our work. In the beginning of the project we tackled several streets in Forest Gate where the residents' recycling bins were overflowing with wrong items. A few days after we were in the same area and noticed that the recycling had improved already."

For more information on recycling and waste services visit www.newham.gov.uk/recycling

Newham London

You can recycle all these items in Newham

Keep Newham Clean

www.newham.gov.uk/recycling

£20 collection fee or £400 fine? Your choice!

In Newham we collect your rubbish weekly and provide garden and bulky waste collections, but this doesn't stop some people from dumping it on the streets – known as fly-tipping.

It then becomes the illegal dumping of waste. It could be a single bag of rubbish, mattress, sofa or DIY waste. Any waste not disposed of in the correct manner and in the right location, is deemed as fly-tipping.

Mayor Sir Robin Wales said: "Keeping the borough's streets clean already costs Newham Council around £18.5 million a year. Residents have told us that they want to live in place that is clean and pleasant so we have invested an additional £1 million towards catching the people who fly-tip and refuse to use waste services correctly."

We are working hard to ensure that people who dump rubbish on our streets pay for their actions. In May 2016 we introduced a £400 fixed penalty notice for anyone caught fly-tipping.

We don't have to catch them in act to enforce the £400 penalty. Our fly-tip enforcement officers investigate dumped rubbish to identify the owner.

Newham Council offers a collection service for large household items and you can book a collection for up to six items such as sofas, beds, fridges, carpets, chairs and televisions. The average local authority cost in London for a bulky waste collection is £43 but Newham charge £20 to have your items collected from right outside your home.

For more information about fly-tipping and bulky waste services in Newham, please visit **www.newham.gov.uk/flytipping**

Newham London

£20 collection fee or

£400 fine?

Your choice!

Keep Newham Clean

www.newham.gov.uk/flytipping

Festival brings us together

Several thousand residents took part in a day of celebrations in a festival that illustrated how Newham embraces cultural diversity.

The day's activities began with the official re-opening of Plaistow Library as Mayor Sir Robin Wales cut a cake and a ribbon. He was joined by local councillors and families from the neighbourhood who took part in a wide range of activities for all tastes, young or old.

Tesco gave away 300 bags of goodies as part of their Farm to Fork programme, alongside health checks, chess, flower arranging, Bollywood dancing and yoga, massage, face painting and henna, arts and crafts, arts and heritage exhibition and refreshments.

They also took part in the Green Street Festival which this year started at Plaistow Library, in North Street. A colourful procession of around 200 with drummers and even a troupe of BMXers, included 80 children from Elmhurst, St Stephen's and Upton Cross schools, and community groupsincluding ICCAN (Indian Community Care Association) and Young at Heart.

At Queens Market, councillors opened the festival which celebrated community unity and cultural diversity with residents wearing traditional clothing. More than 2000 people enjoyed dance and music performances, food stalls and activities hosted by staff from Green Street and Plaistow Community Neighbourhood teams to bring the community together.

Councillor Hanif Abdulmuhit, lead member for Green Street and Plaistow community neighbourhoods, said: "I am pleased that the event is running now for a second year and that it is getting bigger. The festival attracted a lot of residents from different cultures and backgrounds and it was a true refection of how we celebrate and embrace our diversity here in Newham".

The festival and library reopening were supported by a number of organisations including Newham Stroke Club and Queens Market, Tesco and West Ham United.

Find out what's happening in your neighbourhood by visiting www.newham.gov.uk/communityevents

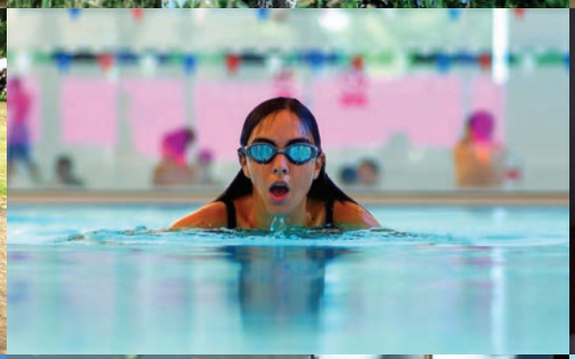
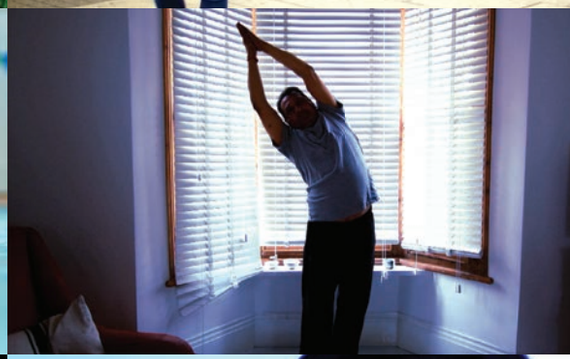
Newham London

Fostering

Want a career that fits in with family life?
Enjoy looking after children?
Have a spare room?

With a weekly allowance of up to £450 per child, fostering could be the answer.

0800 0130 393
www.newham.gov.uk/fostering

Million Miles Together – we're getting there

In July we asked our residents to sign up to achieving a million miles of physical activity. That challenge is under way as we dance, run or swim towards Newham's million miles. Together, tens of thousands of miles have been added. Walking is the most popular activity with cycling second. Climbing the stairs, gardening, household tasks and yoga have all added to the miles. Sign up at **www.millionmilestogether.org/newham**

NEWHAM'S million miles TOGETHER

But we still have a long way to go so sign up and add your miles. We are running sign up events in November across our libraries including:

>> Beckton and Royal Docks

Beckton Globe Weds 16, 2.30-6.30pm and **North Woolwich** Tues 15, 2-4pm Tour de Beckton or North Woolwich bikeathon community bike relay.

>> Custom House

Mon 14, 12-4.30pm - health and activity day including Zumba 3.30-4.30pm.

>> Canning Town

Weds 16, 1-6pm - athletics target games, Zumba taster, table tennis; try walk the Rathbone Market challenge.

>> East Ham

Wed 16, 12-2.30pm - Zumba at 12noon-1pm, self defence at 1.15-2.15pm
Sat 19, 12-4pm - acitivity day.

>> Forest Gate

Mon 14, 3-6pm, Sat 19, 2-5pm - taster sessions including, yoga, boxfit, table tennis.

>> Green Street

Tues 15, 6-7.30pm - yoga, Taekwondo workshop, pedometer giveaway.
Sat 19, 1-2pm - Zumba, chair based exercise, Wii sports, aerobics class, pedometer giveaway.

>> Manor Park

Mon 14, 10.30am-2.30pm; Sat 26, 12-4.30pm - taster activities including Pilates, Bollywood dancing. Modern Arnis session.

>> Plaistow

Sat 26, 1-3pm - sports and activity tasters including, Zumba, yoga, table tennis, salsa.

>> Stratford and West Ham

Thurs 17, 2-3pm - Active Minds Café with dance and movement, Tai Chi, activities for stroke survivors.
Sat 19, 10-2pm - Zumba 10.15-11.15am; yoga 12-1.30pm. Advice on neighbourhood activities and a prize draw of a healthy hamper for all that sign up to the challenge on the day.

OUR NEWHAM

JOIN THE PENGUIN PARTY, WADDLE FOR A GOOD CAUSE

A children's hospice is appealing for generous fundraisers to join them for their annual Penguin Waddle to help raise vital funds.

Richard House Children's Hospice, in Beckton, now has an exciting new iconic route for the annual event. Staff at the hospice are hoping residents will join them with friends, colleagues and family to waddle through central London dressed as penguins to raise money.

Penguins help to raise cash

The waddle will start at 6.30pm on Tuesday 15 November in the shadow of St Paul's Cathedral. It will then proceed to Millennium Bridge, cross the River Thames to the Southbank, past the Tate Modern Gallery, Shakespeare's Globe and Sir Francis Drake's Golden Hind. The penguins will then go down Tooley Street, past HMS Belfast and finish at The Scoop, next to City Hall for a celebration in front of the historic Tower Bridge.

If you are interested in joining, sign up at richardhouse.org.uk/penguinwaddle or contact Tom at tommu@richardhouse.org.uk or call 020 7540 0228.

Tenants gain DIY advice at repair day

More than 80 council tenants attended a free event where they learnt basic DIY skills to help them cope with day-to-day household repairs.

The Tenant Repair Day was held at Bridge Road depot in Abbey Road, Stratford where staff from Newham Council and Travis Perkins builders provided tenants with advice and support in carrying out basic home repairs.

Tenants watch demonstration

Tenants began arriving early and watched various demonstrations, learning how to tackle a variety of domestic issues including replacing a toilet seat, unblocking a sink, stripping wallpaper and fitting lining paper.

Tenants said they found the event very useful and said they needed more of these repair days. At the end of the session they received a Travis Perkins goody bag and a discount card which guaranteed them discounts on materials of between ten per cent and 30 per cent.

Get active, take part in a special Soccer Six event

Patients from across Newham are invited to get active and take part in a special Soccer Six event at Queen Elizabeth Olympic Park on Saturday 12 November.

Residents aged 45 and over can sign up to represent their GP practice and local patient participation group in a one-off walking football tournament, organised by Soccer Six and NHS Newham Clinical Commissioning group (CCG).

Being more physically active is one of the best things people can do to improve their health. The walking football tournament is a fun way for residents to try something new and get moving. All fitness levels are welcome - there's no running required, just walking.

The tournament will involve teams from across Newham, organised around patient participation groups. Every GP practice has one of these groups and are designed to offer people the opportunity to work directly with their surgery to shape the way that services are delivered.

Residents have until Monday 7 November to sign up. Contact Kate.Byford@newhamccg.nhs.uk or call 020 3816 2324.

Patients can take part in the tournament

Phoenix House is now open

Councillors welcome new autism community service

Newham councillors celebrated the opening of a new service for young people and adults with complex support needs.

Phoenix House in Third Avenue, Manor Park, has been designed to support people with Autism Spectrum Disorder and complex needs as well as those who are moving out of secure settings, to give them support tailored to their needs.

Councillor Aleen Alarice opened the service by cutting the ribbon and celebrated the event with people who use the service, which is managed by Precious Homes, an independent care provider.

She said: "I am pleased to see organisations like this operate in a brilliant and friendly way - engaging with the families of the service users and taking their team welfare very seriously to ensure that high results are being delivered."

Councillor Ken Clark, Cabinet member for building communities, public affairs, regeneration and planning, who also attended, said: "Resilience is the key to transforming individual lives and communities and that is embedded in everything Newham Council does. We want all our residents to have the skills and resources that will allow them to live independently."

Go for It grant fires up imagination at writing workshops

Canning Town Library is filled with imagination on Thursdays as a new creative writing group gathers thanks to a Go For It grant from Newham Council.

The group, the Rathbone Writers, launched at the end of September after it was awarded the grant which has allowed it to establish at the library. The Rathbone Writers is the brainchild of Ingeenium, a grassroots participatory arts charity based in east London.

The weekly workshops are led by talented performance poet Lewis Buxton and the workshops are open to everyone aged 16+, whatever their previous experience. New members are always welcome and no booking is required for the free workshops.

Writers are inspired

Jessica Boatright, director of Ingeenium, said: "We are so excited to have been awarded funding by Newham Council to deliver high quality, inclusive creative writing workshops to our local community."

The free workshops are held on Thursdays, term time only, from 6.30-7.30pm, at Canning Town Library.

Kids' Corner

PLEASE SEND OR EMAIL YOUR DRAWINGS, JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
or newham.mag@newham.gov.uk

Don't forget to add your full name, age, address and contact number with your entry. We cannot return any entries.

GALLERY

Aditya Srivastava, 6

Hafsah Khan, 9

Nidhudhini Vairavasuntharam, 7

Ayma Ageel, 5

Win free membership at Stratford Picturehouse

This issue's winner receives a free family ticket at Stratford Picturehouse, which includes a kid's popcorn and drink.

To be in with a chance of winning this prize send or email your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU or newham.mag@newham.gov.uk**. Don't forget to write your full name, age, address and contact telephone number with your entry. **Good luck!** Visit **www.picturehouses.co.uk** to see what's on.

Stratford Picturehouse, Theatre Square, E15

Colour-me-in Wordsearch

Jokes

Q What did the traffic light say to the car?
A Don't look I'm changing.

Q What is a rabbit's favourite music?
A Hip Hop

Q Why didn't the skeleton cross the road?
A Because he had no guts.

Q What part of a computer does an astronaut like the best?
A The space bar.

Q What is a pirate's favourite football team?
A Arrrrrrrsenal.

Q Why did the teacher wear sunglasses?
A Because his class was so bright.

Q Did you hear about the race between the lettuce and the tomato?
A The lettuce was a 'head' and the tomato was trying to 'ketchup'.

Q Why are cooks cruel?
A Because they whip cream and beat eggs.

H E I G H N O E G I P O D I M T N E T T
S U A R L T O G S U R P P A M M A M L L
K S M L L E S S I O O I A R P R E E O
C W A M R P O T E H T L R S P A R R O W
F I T M I R T U I R T H T N S K O R A O
T F C C T N N R T O U A R C C N S J Y L
O T I A E A G E H I R T I U F T E I D L
E O B G U E M B I L N N D R S H X L H A
S L K S H C L R I N N R G A A H I E N W
A R U C O F R N C R T S E T N A F D A S
H S O H U L G E N D D R T F U S K O O B
E D S D H C N I F J E T S Q S A L A B E

Albatross
Cuckoo
Finch
Hummingbird
Partridge
Pigeon
Quail
Sparrow
Starling
Swallow
Swift
Thrush

FIVE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN

WHAT'S ON?

Download our What's On app at www.newham.gov.uk/neighbourhoodevents

OUR THRILLING THREE...

1. **Musical Story Telling** – Storytelling with recorded music and nursery rhymes. Mondays, 1.30-2.10pm, Green Street Library, 337-341 Green Street, E13

2. **Stratford Spelling Bee** – Free to all families. Must have library card to join. Stage 1: Saturday 5 November, from 9.30am-5pm at Stratford Library, The Grove, Stratford, E15.

3. **Million Miles Community Events** – An afternoon of free fun physical activities for local residents of all abilities. Wednesday, 16 Nov, 12pm-2.30pm, Sat, 19 Nov, 12pm-4pm, East Ham Library, 328 Barking Road, E6

EXTENDED COFFEE MORNING

A coffee morning with a focus on women's health with information stalls and refreshments provided.

Wednesday, 16 November, 9.30am-1pm, East Ham Library, 328 Barking Road, East Ham, E6.

TRY SOMETHING NEW... HEARTSTART

(LIFE SAVING SKILLS COURSE)

Free course from the British Heart Foundation. Chance to learn CPR and other emergency lifesaving skills over two consecutive weekly sessions. Complete both sessions of the course to be awarded a HeartStart certificate.

Tuesday, 15 and 22 Nov, 5.15pm-6.45pm, New Vic Sixth Form College, Prince Regent Lane, E13.

Indicates free sessions

Libraries unless stated.

UNDER-FIVES

Toy Library
Introducing toddlers to borrowing toys. Thurs, 11-12pm, Beckton

Storytelling
Mon, 11-11.45am, Tues, 10.30-11.30am, Beckton; Tues, 10.45-11.30am, Canning Town; Tues, 10.30-11.30am; Thurs, 10-10.30am, East Ham; Tues, 11am-12pm, Fri, 11am-12pm, Stratford; Fri, 10.30-11.30am, Manor Park; Mon, 10.30-11.15am, Custom House; Tues, 10.30-11.30am, The Gate; Tues, 10.30-11.30am, Thurs, 2-3pm, Jeyes C.; Sat, 11.30-12.30pm, Green Street

Stay and Play
Support for parents and carers to develop their child through play. Tues, 9.30-11.30am, Jeyes C.C; Thurs, 1.30-3.30pm, Jack Cornwell C.C; Weds, 10am-12pm, Sat, 11am-1pm, Stratford; Fri, 1.30-2.30pm, Sat, 12-1pm, Green St

Jiggaree Session
Fri, 10-11am, Jeyes C.C.

Reading Together
Thurs, 2.30-3pm, Custom House

Bumps and Babies
Fri, 1.30-3.30pm, The Gate

Early Talk
Singing with your child to support early communication and brain development. Tues, 9.30-11.30am, London Rd, E13

Active Tots
Games and activities. Thurs, 1-2pm, Stratford

Baby Club
For parents and carers of babies under 18 months. Mon, 9.30-11.30am, Stratford

Story Time
Fun activities linked to popular

children's stories. Tues, 10.30-11.30am, East Ham

Baby Massage
Five-week course. Register at Rebecca Cheetham Children's Centre on 020 8534 3136 Weds, 1-2pm, Stratford

Toddler and Parent Dance
For carers and children under six to dance to cartoons and videos. Mon, 2.10-3pm, Fri, 3.30-4.20pm, Green St

Music and Movement
For children and parents or carers to get active using different types of dance and instruments. Mon, 1.30-2.30pm, Stratford

YOUNG PEOPLE

Games Club (7-16yrs)
Sony PS3, XBox360, Nintendo Wii, board games and more. Tues, 3.30-5.30pm, Custom House; Weds, 3.30-5pm, The Gate; Thurs, 4-6pm, Canning Town; Thurs, 4-6pm, The Gate

Young Readers Club (7-12yrs)
Read and discuss your favourite books. Tues, 4-5.15pm, North Woolwich

East Ham Youth Zone
Sony PS4, DJ decks and other activities. Tues, 4-7pm, East Ham

Froud Young Project (7-16yrs) Mon, 3.30-5.30pm, Jack Cornwell C.C

Arts and Craft Workshop (6-12yrs) Mon, 4-5pm, Beckton; Sat 2-3pm, Canning Town; Sat, 2.3pm, Custom House; Sat, 1-2pm, Tues, 4-5pm, Green St; Thurs, 6-7.30pm, Manor Park; Sat, 2-3pm, North Woolwich

Just Dance! (up to 12yrs)
Sat, 5.30-6.30pm, Green St

Family Fun Night
Arts, crafts, games and quizzes. Weds, 5.30-7.30pm, East Ham

East Ham IT Youth Zone
Support in using IT for homework and fun. Mon, 4-7pm, East Ham

Family Movie Club
Sat, 4-5.30pm, Mon, 4-5.30pm, Green St (up to 12yrs); Fri, 5.30-7pm, Manor Park; Sat, 2-4pm, Jeyes C.C; Sat, 5.30-7.30pm, East Ham

Board Games Club (7-13yrs)
Weds, 6-7.30pm, Manor Park; Sat, 11am-12pm, North Woolwich; Fri, 5.30pm-6.30pm, Beckton

Young People's Positive Activities (9-19yrs) Weds, Fri, 7-9pm, Harold Road Centre

Children's Chess Club
Club for 8 to 16 year olds. Thurs, 5-6pm, Custom House

Time-2-Craft (16yrs+)
Various handicrafts. Sat, 10am-12pm, Stratford

Homework Club
Free study support. Fri, 4-5.30pm, Beckton; Fri, 4-6pm, Canning Town; Fri, 4-5pm, East Ham; Sat, 2-3.30pm, Manor Park; Mon, 3.30-4.30pm, North Woolwich; Mon, 4-6pm, Sat 1-3pm, Stratford; Sat, 10.30am-12.30pm, The Gate; Sat, 2-3pm, Green St

Film Club (16yrs+)
Thurs, 1-3.30pm, North Woolwich; final Friday of month, 6-9pm, Stratford

Children's Movie Club (5yrs+) Thurs, 4-7pm, North Woolwich; Sat, 4-6pm, Manor Park; Tues, Sat, 4.30-6.30pm, Beckton

East Ham Performing Arts
Fri, 6.30-7:30pm, East Ham

Crafty Challenges
Fri, 5.30-6.15pm, East Ham

Table Tennis Mondays
Meet new people and try your hand at table tennis. Mon, 4-7.30pm (children), The Gate

Lego Club
Create Lego models based on weekly themes, Sat, 3-4pm, The Gate.

Wii games and karaoke
For entire family, 3-13yrs, with parents. Fri, 4.30-6.30pm, (Wii games); Weds, 3.30-5pm (Wii games); Thurs, 4.30-5.30pm (karaoke), Green St.

Family Bingo
First and third Thurs of the month, 6-7.30pm. 20p entry per person. Green St.

Science Club
Join the club, carry out interactive experiments, watch demos and record results. Thurs, 4-5pm, The Gate

Gymnastics Classes
From November for boys and girls at Talent Central Cheer and Dance, Unit 27A, Gallions Reach Shopping Centre, E6. Tues and Thurs, Age 3+, 9.45-10.45am, 2pm-3pm; Weds, home school, 9.45-10.45am; Fri, mothers and babies, 10-10.45am. Call 0742 815 4301 to book.

ACTIVITIES AND SUPPORT

Afternoon Tea
Weds, 4-5.30pm, Canning Town

Chess Club
Tues, 3.45-5.15pm, Beckton; Mon, 5.30-7.30pm, and Thurs, 5.30-7.30pm, East Ham; Weds, 5.30-7.30pm, Green St; Thurs, 5.30-7.30pm, Stratford; Tues, 5.30-7.30pm, The Gate; Thurs, 5-7pm, Custom House; From Weds, 21 Sept, 3.30-5pm, Jeyes C.C.; Weds, 5-7pm, Canning Town (age 7+)

Coffee Mornings
Tues, 11.30-1pm, Beckton; Mon, 11am-12.30pm, North Woolwich; Thurs, 10.45-12pm, Canning Town; Tues, 11-12.30pm, Custom House; Tues, 8 Nov, 10.30am-12pm, Manor Park; Tues, 15 Nov, 10.30am-12pm, Chargeable Lane, E13

Do It Online (18yrs+)
Computer classes. Weds, 2-3.30pm, Beckton; Tues, 10am-12noon, East Ham; Weds, 2-4pm, Stratford; Tues, 2-3.30pm, North Woolwich; Thurs, 1.15-2.15pm, Custom House; Tues, Thurs, 11am-1pm, Green St

Knit & Natter (16yrs+)
Fri, 10.45am-12pm. Canning Town; Weds, 10.30am-12pm, Beckton; Tues, 10.30am-12.30pm, Manor Park; Fri, 10am-12pm, East Ham; Weds, 10.30am-12.30pm, Green St

ICT Surgery IT advice for all ages. Fri, 2-4pm, Canning Town

ICT Drop-in Session
Set up a My Newham profile and create an email account. Fri, 11-1pm, The Gate; Mon, Weds, Sat, 9.30-11am, Stratford

Deafroots Deaf Club
Quizzes and refreshments. New members £2, existing members £1. Contact angel@deafroots.org.uk or text 07985 242778. Mon, 1.30-3.30pm, Stratford

Life in the UK Classes
Support for people taking the life in the UK test and B1. Call 0208 542 3904. Tues, 10am-12pm, Beckton; Weds, 12.30pm-2.30pm, Jeyes C.C; Fri, 12.30-2.30pm, Green St; Weds, 10am-12pm, East Ham; Tues, 12-2pm, Stratford

ESOL for Beginners
For adult learners seeking to improve their English. Mon, Fri, 9.30am-12pm, Field C.C; Tues, 9.30am-12pm, Fri, 9.30am-12.30pm, Jack Cornwell C.C

Ballroom Dancing (18yrs+) Tues, 2-3pm, Beckton C.C; Thurs, 2.30-4pm, Field C.C

Citizens Advice Sessions
Sessions on money management. Mon, 11am-1pm, Manor Park

Introduction to Newham Online Course Sat, 11am-12.30pm, Manor Park

Basic Computer Skills
Fri, 10.30am-12.30pm, Manor Park

My Newham Workshop
Register with My Newham and access council services. Tues, 6-7.30pm, Manor Park; Mon, 11.30am-12.30pm, Fri, 10.30am-12.30pm, Green St

English Conversation Club Practise spoken English. Tues, 10.30-11.30am, Beckton; Mon, 6-7.30pm, Weds, 10.30-11.30am, Manor Park; Thurs, 3-4pm. Rabbits Rd Institute; Sat, 10am-12pm, Stratford; Mon, 10-11am, Jeyes C.C.

Stratford London Toastmasters Public speaking club. First and third Mon of month, 6-8pm, Stratford

Docklands Drop-In Group Weds, 1-3pm, Beckton C.C.

Get Connected Bring your own device. Weds, 1-2pm, Green St

Model Train Workshop Mon, 12.30-3.30pm, North Woolwich

Basic English for Beginners Mon, Weds and Thurs, 10.30-11.30am, Green St

Poetry Group (16+) Weds, Sat 11am-1pm, Stratford. Email sonesquin@hotmail.com

Workplace Drop-Ins For residents seeking employment. Weds, 16 Nov, 2-4pm, Stratford. For more information email: rehana.b@newham.gov.uk; Thurs, 17 Nov (fortnightly), 1-4pm, Green St; Mon, 14 Nov, 2-5pm, Canning Town (fortnightly).

Creative Writing Course (16yrs+) Register at 020 8257 4680. Fee applies. Sun, 2-4pm, Stratford; Thurs, 6.30-7.30pm, Canning Town

International Lunch Club £3 per meal. Mon, 12pm, Beckton C.C

Dominoes Sat, 2.30-7pm, Beckton

Singing for the Brain For people with dementia. 12.30-2.30pm, second and fourth Tues of month, Stratford

Memory Lane Café For people with dementia and their carers. 1.30-3.30pm, first Fri of month, Stratford; Last Thurs of month, 1-3pm, East Ham

Family Support Drop-In Fri, 1-2.30pm, Stratford

National Careers Service Advice on careers and qualifications. Call 07415 241941. First and third Thurs of month, Stratford

Knitting Course (16yrs+) Register at 020 8257 4680. Fee applies. Mon, 12-2pm, Stratford

Embroidery Group Create a community embroidered hanging. Thurs, 10.30am-12.30pm, Manor Park

Hatha Yoga (18yrs+) Bring your own mat. £3. Fri, 10.45am-12.15pm, Jack Cornwell C.C

Table Tennis Mondays Mon, 11am-4pm, The Gate

Board Games for Adults (18+) Carrom Board, chess and other board games for adults. Fri, 11am-12pm, Green St.

Adults Chess Club All abilities welcome, no booking necessary. Tues, 1-2pm, The Gate.

Triple P Positive Parenting Programme For parents of children aged 18 months to 12 years-old. Offering support in parenting using tried and tested techniques. Advance booking needed. Call 020 3373 7478 for more information. Weds, 5.30-7.30pm, East Ham

COMMUNITY ACTIVITIES

Mums2be Meetup Information and support for expectant parents. Third Sat of every month, 10-11am. Email newham@nct.org.uk

Mums, Bumps and Babies Fri in various cafes around Newham. Visit www.netmums.com or email jojostevie@live.com

Senior Volunteer Police Cadets (13-17 yrs) Weds, 6.30-9pm, Little Ilford School, Browning Rd, E12, £2.50. Thurs, 6.30-9pm, Eastlea Community School, Exning Rd, E16, £2.50. Call 07500 881378

Newham Super Choir Tues, 10.30-12pm, Beckton C.C

ManorFam Brings families together to make friends. Mon, 10.30-12.30pm, Manor Park

Singing for Health Tues, 2pm, Jack Cornwell C. C

BOXING AND SELF DEFENCE

Boxing (Newham College) Mon, 5-6pm, East Ham College, High St South, E6

Fight For Peace Boxing Mon to Fri, 4-5pm 10-14yrs; Mon to Fri, 5-9pm, 14+yrs Woodman St, North Woolwich, E16. Call 020 7474 0054

Boxing and Self Defence (16+) Tues, 5-6pm, Jack Cornwell C.C

West Ham Boys ABC Mon, Weds, Fri, mixed (8-16yrs), 5-6pm, Sat, boys (6-11yrs), 10-11am, girls (7-16yrs), 11am-12pm, £2. 2 London Rd, E13. Call 020 8472 3614

Martial Arts (7-12yrs) £2. Tues, 6.45-7.45pm, Thurs 4.45-5.45pm, Beckton

Martial Arts Learn new skills, self defence, boost confidence in any situation. For adults, £3. Thurs, 6-7pm, Beckton Globe; Sat, 2-4pm, Beckton C.C.

HEALTH AND FITNESS

Salsa Dancing (18yrs+) Mon, 3.15-4.45pm, Beckton C.C; Tues, 11.45am-12.45pm, Field C.C

Nordic Walking Weds, 9.15-10.30am. Meet at Field C.C. Not suitable for wheelchairs.

Tai Chi Class Fri, 10-11am, Beckton C.C.

Fri, 11am-12pm, The Gate. Fri, 5-6pm, Beckton Globe; Fri, 11am-12pm, Forest Gate; Thurs, 6-7pm, East Ham

Yoga £5. Thurs, 6.30-7.30am, Grassroots; Free. Mon, 6-7.30pm, Beckton; £1. Weds, 6-7.30pm, East Ham; Thurs, 6.15-7.45pm, The Gate; £1. Sat, 10am-12pm, Plaistow; Mon, Tues, 6-7.30pm, Green Street; Thurs, 6.15-7.45pm, The Gate

Tone-Tastic (18+yrs) Mon, 2-3pm, Weds, 9.30-10.30am, Field C.C

Aerobics Tues, 9.30-10.30am, Jack Cornwell C.C £2

Keep Fit to Salsa (18+) Sat, 2.30-4pm, The Gate

Walking Group Meet at the library. Sat, 10am-11am, Plaistow

Zumba Free. Tues, 10.30-11.30am, Field C.C; Mon, 9.30-10.30am, £3, Fri, 9.30-10.30am, £2, Jack Cornwell C.C; Free. Fri, 12.30-1.30pm, The Hub; Tues, 5-6pm, mixed over 50s free; Thurs, 10.15-11.15am, for women, all ages £2.50, Stratford

Stroke Club (18+) For men and women living with the effects of stroke. Weds, 2-5pm, Katherine Road C.C

Yoga Course (18+) 10-week course starting 22 Sept. Call 020 3373 0826 to book. £1 per person. Thurs, 12-1.30pm, Stratford

Relaxation & Yoga Weds, 1.30pm-2.45pm, Well Community Centre, Vicarage Lane, East Ham.

Zumba classes London Tamil Sangam Centre, 369 High St North. Thurs, 7-8pm, £5 per class. Call 07720 805505

50+ ACTIVITIES

Bingo (50+yrs)

Mon, 1-2pm, Beckton C.C; Mon, 12-4pm, Jeyes C.C; Thurs, 7-9pm, Jack Cornwell C.C

ICCAN
Faith based group with cultural activities. Fri, 12-2pm, Jeyes C.C

Active Centre 50+ Group
Weds, 12-4pm, Field C.C; Mon, Weds, Fri, 1.30-4pm, Beckton C.C.

Dominoes Group
Fri, 6-10pm, Field C.C

Chair Based Yoga
Tues, 12.30-1.30pm, Manor Park

Forever Young
Enjoy community activities and make new friends. Weds, 11am-1pm, Beckton; Weds, 10.30am-12.30pm, Field C.C.

Happy Living Club
Indoor and outdoor activities. Tues, Weds, 1.30-5.30pm, Jeyes C.C

Holiday Spanish Club
Weds, 12.30-1.30pm, Manor Park

Walking Football
Email: dgheerawo@westhamunited.co.uk or call 07803 201299. Tues, 10-11am, Priory Park

Get Active, Get Healthy, and Exercises for Fitness
Thurs, 11-12pm, Jack Cornwell C.C.

Get Active, Get Healthy – Walk to the Park Mon, 10.30-11.30am, Manor Park

Backsercise
Tues, 6-7pm, The Gate

Community Food Growing Project Weds, 10am-12pm, fortnightly, East Ham

Community Cooking Project
Six-week course. £6. Weds, 11.45am-1.15pm, East Ham

Pilates Class
Tues, 9.30-10.30am, Field C.C

Drop-In Embroidery Class
Mon, 11am-1pm, East Ham

Chair Based Exercise For all fitness levels. Fri, 10.30-11.30am, East Ham.

Fitness for 50+
Fitness circuit, mixed, 9.15-10am, Thurs; Fitness circuit, mixed, 10-10.45am, Thurs; Zumba, 1-2pm, Tues, ladies only; Exercise for ladies, 9.30-10.30am, Fri; Exercise for ladies, 10.30-11.30am, Fri, yoga for ladies, 1-2pm, Fri. Katherine Road C.C

Chair Based Exercises
Regular exercise sessions. Numbers are limited so arrive on time to ensure your place. Weds, 10.45-11.45am, Community Road Centre, E15

Tea Dance
At Old Town Hall, Stratford. Costs £3 for Newham residents and £5 for non-residents. Fri, 11 Nov, 1.30-4.30pm

GREEN

Green Gym Weds, 10am-1pm, and last Sat of month, meet at Visitor Centre in East Ham Nature Reserve, Norman Rd, E6. Call 07845 973156

Green Volunteering Tues and Thurs, 10am-2pm Silvertown Wy, E16 (opp. Hallsville Rd)

Garden Club
Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

Gardening Thymes
Gardening Club Fri, 11am-1pm, Bowling Green,Central Park, High St South, E6

Grow Together Be Together Community Gardening Club Weds, 10am-1pm. Sat, 1pm-3pm, Flanders Field, Melbourne Rd entrance, E6. Call 020 8586 7070

Caravanserai Garden Volunteering Thurs and Sat, 11am-3pm, Silvertown Wy, E16. For information call 07773 863384

Community Gardening Tues, 11.30am-2.30pm, St John's Green Community Garden

DOORSTEP CLUBS

Call 0300 124 0123. unless otherwise stated.

Athletics Club (14yrs+)
A multi-sport session focusing on athletics, football and the gym. Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394756

Gym & Basketball (14yrs+)
Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

FEMALE SPORTS

Basketball Sessions
Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20

Female Boxfit (14yrs+)
Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783526

Girls Group Cycling (11-15 yrs)
Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13

Modern Arnis Martial Arts (16yrs+) Tues, 5-6pm. Call 07473 030250. Jack Cornwell C.C

Female Only Gym Sessions
Mon, 3-4pm, 16-25yrs. Mon and Weds, 7.30-10.30pm. Tues and Thurs, 12noon-1.30pm. Sun, 3-5pm, 11-15yrs, Newham Leisure Centre, E13. £4.65

Get Back into Netball Tues, 6-7.30pm, juniors; 7.30-9pm, seniors. £5. Lister Community School, E13. Call 07717 281529

Abs Blast (11-15yrs)
Thurs, 5.30-6.30pm, £3.10, Newham Leisure Centre, E13

Fun Female Fitness (14yrs+) Weds, 5-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Netball (14yrs+)
Mon, 5-6pm, Newham College, East Ham Campus, E6 6ER. £1 for non-Newham College students. Email: sports@newham.ac.uk

Female Only Zumba
Tues, 6-7pm, Forest Gate Community School, Forest Ln, E7. Thurs, 6.30-9pm, The Well C.C, Vicarage Ln, E6. £1. Call 07741 292893; Thurs, 10.15-11.15am, Stratford, £2.50; Mon, Weds, 6.30-7.30pm, Asta Community Hub, 14A Camel Rd, E16 2DE. £2.50

Dare2Dance (12-16yrs)
Street dance, Fri, 3.30-5.30pm, Newham Leisure Centre, E13

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Ability Club (14-25yrs)
Multi sports for disabled young people. Weds, 5.30-6.30pm and Fri, 4.45-6pm, NewVic, E13

Swim for Families
Dealing with Autism
Weds, 4-5pm, Balaam Leisure Centre, E13. Call 0300 124 0123

Family Swims
Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre, E13. Call 0300 124 0123. Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, E13. £5. Call 0300 124 0123.

Get Fit for Free
Tues, 1.30-3.30pm and Fri, 10am-12pm. Gym use for people with learning disabilities. Newham Leisure Centre, E13. To book an induction call 0300 124 0123

RUNNING AND ATHLETICS

Beckton Park Run
Sat, 9am, Beckton Park South, E16. Call 07718 394756 www.parkrun.org/beckton

Run England
£2 unless stated. Sun, 10am-12pm, Newham Leisure Centre, E13 (meet on track). Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on track). Mon, 5.45-6.45pm, Newham Dockside, E16 (meet at reception). Weds, 12-1pm, Newham Dockside, E16 (meet at reception). Thurs, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception). Sat, 10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion). Sat, 10-11.30am, Memorial Park, E15,

£4 (meet at car park). Call 07718 394874.

East End Road Runners
Tues and Thurs, 7pm. Sun, 9am. Meet on the track. Coached sessions for all abilities. Newham Leisure Centre, E13. Call 07979 261647.

Children's Athletics (6+)
Sat, Years 1 to 4, 9.30-10.30am; Years 5 to 7, 10.30am-11.30am. £20 for 6 weeks. Tues, Years 1 to 4, 5.30pm-6.30pm; Years 5 to 7, 6.30-7.30pm. £35 for 10 weeks

SPORTS

Cricket (14yrs+) Tues, 6-8pm, Newham Sixth Form College, E13. Call 07476 269226

Lister Table Tennis Satellite Club (11-25yrs)
Weds, 6.30-8pm, Newham Sixth Form College, E13. £1. For information call 07888 830179

Indoor Cricket (8-16yrs)
Weds, 6-8pm, £2, Lister Community School, E13, email: michelle.daniel@activeNewham.org.uk

Black Arrows Badminton Club Adults: Fri, 7-9pm, Juniors: Sat, 10am-12pm, £3.70, East Ham LC. Adults: Weds, 7-10pm, UEL SportsDock. Call 07932 037173

Newham and Essex Beagles Athletics Club
Mon and Weds, 6-9pm. Foundation groups (8-10yrs). Mon, 7-8pm and Weds, 6-7pm, £5. Terence McMillan Stadium, Newham Leisure Centre, E13. www.newhamandessexbeagles.co.uk

BMX (6-16yrs) Sun, 10am-12pm, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333615

Adult Tennis (16+)
Sat, 9-10am, 10-11am, 11-12pm, Central Park (tennis courts), High St South, East Ham, E6 6ET. Sun, 9-10am, 10-11am, 11-12pm, Stratford Park (tennis courts), West Ham Ln, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741 293513

Table Tennis (14yrs)
Thurs, 4.40-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Volleyball with Newham College (14yrs+) Thurs, 5.30-7pm, East Ham Leisure Centre, email: sports@newham.ac.uk

FOOTBALL

AIR Football (16yrs+)
Tues, 1-3pm, Fri, 10am-12pm, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton Powerleague, E6. Visit www.airfootball.co.uk

Football and Athletics
Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16

Football & Multi Sports
Mon, 4-5.30pm, Newham Leisure Centre, E13.
Weds, 5-6pm, Stratford MUGA, West Ham Ln, E15

Mayor's Football League
U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm Newham Leisure Centre, E13

Premier League (16yrs+)
6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13

WHU Kicks
Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat, 10.30am-12pm, Newham Leisure Centre, E13

Ascension Football
Sat, 10-11.30am, £3. Reception to 11yrs. King George V Park, King George Ave, E16. Call 07806 584925

BASKETBALL

Basketball & Multi Sports
Fri, 5-6.30pm, 8-19yrs, Snowshill MUGA, Snowshill Rd, E12

Basketball Sessions
Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12

National League
Mon, 6-8pm, U13/14yrs, Tues, 6-8pm, U15/16yrs, Rokeby School, E16. Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, E13

NCFE Sports – Basketball
Thurs, 5-7pm, East Ham Leisure Centre. To register email: sports@newham.ac.uk or call 020 8257 4255

Senior Programme
Mon, 7.30-9.30pm, Division 2 women and division 3/4 men. Rokeby School, E16. Call 07947 401616

Basketball (14yrs+)
Tues, 5.30-6.30pm, Forest Gate Community School, E7 9BB. Email: sports@newham.ac.uk

COMMITTEE MEETINGS

Meetings take place at Newham Town Hall, Barking Road, E6, unless otherwise stated. ***Mon, 7 Nov, 7pm,*** *Local Development Cttee;* ***Tues, 8 Nov, 7pm,*** *Overview and Scrutiny Cttee;* ***Weds, 9 Nov, 7pm*** *Audit Board;* ***Thurs, 10 Nov, 7pm,*** *Youth and Gangs in Newham, Scrutiny Working Party;* ***Tues, 15 Nov, 7pm,*** *Strategic Development Cttee, Council Chamber, Old Town Hall, Stratford;* ***Thurs, 17 Nov, 9am,*** *Mayoral Proceedings*

CONTACT THE MAYOR

Here to Help sessions
Please register 30 minutes before session starts. ***Thurs, 10 Nov, 11am,*** *Canning Town Library, 105A Barking Road, London, E16 4HQ;* ***Tues, 15 Nov, 5pm*** *The Gate, 4-20 Woodgrange Road, Forest Gate, E7 0QH*

Telephone surgery ***Weds, 9 Nov.*** *Please call 020 8430 2000 between 10am and 11am*

CONTACT DETAILS

LIBRARIES & COMMUNITY NEIGHBOURHOODS

Beckton Globe *1 Kingsford Wy, E6*
Canning Town *Barking Rd, E16*
Custom House *Prince Regent Ln, E16*
East Ham *328 Barking Rd, E6*
Green Street *337-341 Green St, E13*
The Gate *6-8 Woodgrange Rd, E7*
Manor Park *685-691 Romford Rd, E12*
North Woolwich *5 Pier Parade, E16*
Plaistow *North St, E13*
Stratford *3 The Grove, E15*
Archives and Local Studies *020 3373 6881*
Community Outreach *020 337 30813*
Church of God *37 Manor Park Road, E12, 020 8911 9494*
The International Quarter Marketing Suite *Celebration Avenue, E20 1DB*

LEISURE & SPORTS VENUES

Atherton Leisure Centre *189 Romford Rd, E15*
Balaam Leisure Centre *14 Balaam St, E13*
East Ham Leisure Centre *324 Barking Rd, E6*
Newham Leisure Centre *281 Prince Regent Ln, E13*
NewVic *Prince Regent Ln, E13*
UEL SportsDock *Docklands Campus, University Wy, E16*

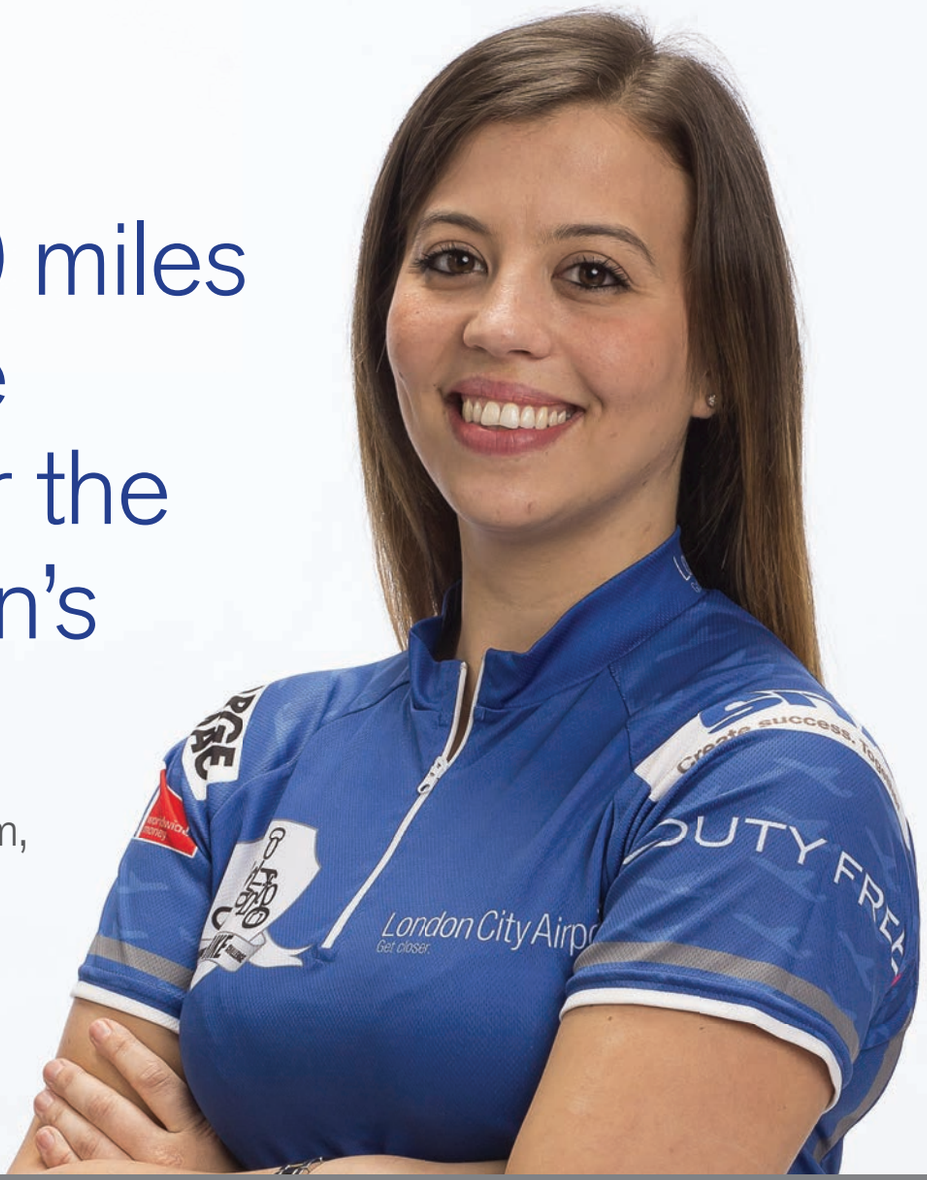
COMMUNITY CENTRES (C.C)

Beckton Community Centre *14 Manor Wy, E6, 020 7511 1214*
East Ham Market Hall *Myrtle Rd, E6 1HY, 01708 740 092*
Field Community Centre *147 Station Rd, E7 020 8536 2800*
Grassroots Centre *Memorial Park, Memorial Ave, E15, 020 3373 0650*
The Hub *123 Star Ln, E16 020 3373 0750*
Jack Cornwell Community Centre *Jack Cornwell St, E12 020 8553 3459*
Jeyes Community Centre *1 James Cl, E13, 020 3373 2205*
Katherine Rd Community Centre *254 Katherine Rd, E7, 020 8548 9825*
St Mark's Community Centre *218 Tollgate Rd, E6, 020 7474 1687*
Vicarage Ln Community Centre *Govier Cl, E15, 020 8519 0235*
Harold Rd Centre *170 Harold Road, E13 0SE, 020 8472 2805*
Queens Market *Green St,E13*
Rabbits Rd Institute *835 Romford Rd, London E12 5JY*
Royal Docks Learning Activity Centre *Albert Rd, North Woolwich, E16 2JB*
St John's Green Community Garden *Albert Rd, North Woolwich E16 2JB*
St Bartholomew's Church & Centre, *292b Barking Road, E6 3BA*
London Road*, 1 London Road, E13 0AT*
The Community Resource Centre, *200 Chargeable Lane, E13 8DW 020 3373 2697*

All listings may be subject to change. Please contact individual events and activities before attending.

“I cycled 100 miles to help raise £26,000 for the local children’s hospice”

Kirsty Hayward, East Ham,
Receptionist at
London City Airport.



Through expansion, London City Airport will be able to provide more support to our communities. **Keep up to date at londoncityairport.com**

London City Airport
Get closer.

Newham London

Saturday 5 November

FREE fireworks display

Wanstead Flats, Centre Road, Forest Gate E7

Gates open: 5.30pm Display: 7.30pm

www.newham.gov.uk/fireworks

NewhamLondon

In partnership with the City of London

Mayor of Newham